



## GENERAL RULES

- ✓ Competition is open for Individuals/Academia/Organisations from any part of the World.
- ✓ Registration forms are available online on our website [www.keralafoodsummit.com](http://www.keralafoodsummit.com).
- ✓ Entries close at 1700 hrs on 30 October 2020.
- ✓ Participants need to pay entry fee for the Competition(*Please visit our website [www.keralafoodsummit.com](http://www.keralafoodsummit.com)*)
- ✓ Registration should be done only in English and the recipe of the dish has to be in English only.
- ✓ After the online registration and payment, you will be allowed to upload your product with the name of the dish, the recipe of the dish, photographs and video of the dish (resolution of not less than 2 MB and not more than 5 MB and the photograph should be in landscape only). Video should be of 90 seconds.
- ✓ The dish should be the participants own creation and will undergo a plagiarism check
- ✓ A Vegetarian or a Non Vegetarian fusion main course from any cuisine of the world to be made using minimum of 2 Indian spices. Participants can use vegetables, fish, seafood, game, poultry, lamb, pork & buffalo meat only, The single recipe card should have a proper accompaniments like rice, pasta, bread, noodle etc, which would enhance the flavor of your chosen main course
- ✓ There will be three rounds, preliminary, semi final and final.
- ✓ The photograph of the dish will be evaluated for composition, presentation skills, practicality, design, eye appeal and the recipe will be evaluated for the innovation and creativity.
- ✓ The recipe itself must be planned for 4 People
- ✓ All the above criteria for evaluation will carry same percentage of marks.
- ✓ The judge's decision is final and binding.
- ✓ The recipe sheet and the picture of the dish have to be submitted online at [www.keralafoodsummit.com](http://www.keralafoodsummit.com) or email us at [keralafoodsummit@cii.in](mailto:keralafoodsummit@cii.in).
- ✓ The Winner and the Runner Up will be awarded with a Certificate and Medal. Eligible Winners will get consolation award.

- ✓ By registering and participating in the competition, you agree that the recipe, picture or any other material submitted to the organizers as part of the competition will automatically become the property of CII once submitted and can use the recipe or the picture as required.
- ✓ The decision of the Judges is final, binding and no correspondence will be entertained on the outcome of the competition.

### Recipe Format

<b>CONTEST NAME</b>	
<b>NAME OF THE CONTESTANT</b>	
<b>ADDRESS</b>	
<b>NATIONALITY</b>	
<b>GENDER</b>	
<b>EMAIL ID</b>	
<b>MOBILE NO.</b>	
<b>NAME OF THE DISH</b>	
<b>INGREDIENTS USED - Numbered in Spoons &amp; Cups</b>	
<b>METHOD OF PREPARATION / TIME TAKEN FOR PREPARATION (For How Many Peoples)</b>	
<b>RECIPE PHOTOGRAPH (Max 3 Photographs)</b> <ol style="list-style-type: none"> <li>1. ALL INGREDIENTS PHOTOGRAPH</li> <li>2. DISH DURING PREPARATION PHOTOGRAPH</li> <li>3. FINAL DISH PHOTOGRAPH (You Holding the Finished Product)</li> </ol>	
<b>DESCRIBE THE DISH WHILE PREPARATION (90 sec Video)</b>	